

Programme Specification for BSc (Hons) Physical Education

This document applies to Academic Year 2024/25 onwards

Table 1 programme specification for BSc (Hons) Physical Education

| | | |
|-----|---|---|
| 1. | Awarding institution/body | University of Worcester |
| 2. | Teaching institution | University of Worcester |
| 3. | Programme accredited by | N/A |
| 4. | Final award or awards | BSc Hons |
| 5. | Programme title | Physical Education Physical Education (Adapted PE) |
| 6. | Pathways available | Single |
| 7. | Mode and/or site of delivery | University of Worcester |
| 8. | Mode of attendance and duration | Full time / Part time (3 years full time). |
| 9. | UCAS Code | XC30. |
| 10. | Subject Benchmark statement and/or professional body statement | Events, Hospitality, Leisure, Sport and Tourism November 2019 |
| 11. | Date of Programme Specification preparation/ revision | Approved June 2023 July 2023 – annual updates |

12. Educational aims of the programme

The degree is specifically designed to meet the changing needs of the Physical Education (PE) profession and has a broad range of modules that will prepare students for a career in teaching or supporting the delivery of Physical Education and extra-curricular activities.

The innovative and flexible approach to the curriculum design enables students to explore a range of different subjects throughout the degree. The content will ensure that students graduate with key knowledge of the delivery of areas of the Physical Education National Curriculum, including Outdoor Adventure Activities, Athletics, and Dance.

At level 4 students will study fundamental modules common across PE, coaching and development. The broad-based start to the degree provides opportunity for students to be confident in their choice as they gain more knowledge and learn about the degree subject. The course design however facilitates the flexibility to progress onto one of the related degrees at the end of level the first year.

The innovative design of the degree also enables students to specialise at level 6. Students will have the opportunity to study and research modules in Adapted PE, resulting in the final award of BSc (Hons) Physical Education (Adapted PE) as the named degree.

The course is delivered by a team of highly experienced and enthusiastic Physical Education practitioners, committed to ensuring a quality experience that will provide you with the tools to become an effective and employable graduate. Throughout the course students will take part in lectures, seminars, practical workshops and work placements, gaining valuable experience in schools and other community settings. The application of pedagogical practice is a key part of the course.

The educational aims provide the over-arching structure to the course, together with also establishing its key philosophical underpinning.

The course enables students to:

- A. Develop a depth of integrated knowledge, critical perspectives, and skills (including research skills informs practice), which characterise the Physical Education programme;

- B. Apply appropriate teaching and learning theories, models and practices in a range of practical contexts;
- C. Engage effectively in a range of learning and teaching contexts, critical analysis, reflection and evaluation;
- D. Develop students who: can practice independently, can draw on relevant knowledge, have skills and attributes to perform effectively in the domain of Physical Education, demonstrate safety and ethical awareness, can undertake a range of leadership and management roles;
- E. Facilitate the development of transferable and graduate skills to enable students to engage effectively in lifelong learning and continuing professional development.

It should also be noted that because these aims are the guiding statements structuring the course they can be both explicitly dealt with in modules, whilst in other instances they are more implicitly referred to.

A PE graduate will have developed an understanding of a complex body of knowledge, which will be at the current boundaries of the academic discipline of sport and exercise science. The PE graduate will be confident; articulate; with a sound understanding of pedagogy; able to evaluate evidence, arguments and assumptions to reach sound judgements; to communicate effectively and have the ability to deliver a contemporary and relevant curriculum. The content of the PE undergraduate programme is designed to help students build a clear and strong, inclusive personal philosophy regarding the nature and purposes of the subject in schools, to underpin their future professional practice.

The PE programme aims to develop students' subject knowledge in PE, from a theoretical perspective (e.g. physiological, psychological, sociological, philosophical knowledge). Such a focus provides theoretical knowledge that underpins practical and teaching performance. Moreover, such knowledge will prove to be most necessary for future secondary school/FE PE teachers who will engage in the delivery of examination and vocational qualifications in PE/Sport and/or those involved with the delivery of Physical Education in Primary schools.

The PE programme also aims to develop students' subject knowledge in PE, from a practical perspective. This will involve the exploration of practical activities evident in National Curriculum PE (e.g. gymnastics, dance, games, athletics, outdoor and adventurous activities and swimming). The work-based learning elements of the programme have been designed to provide students with real-world experiences that provide an insight into the subject in schools. Such experiences also allow students to develop networks of contacts, which will have a positive impact on future employment opportunities.

Upon completion of their studies, a large number of PE graduates will progress onto routes leading to Qualified Teacher Status (QTS), to fulfil their ambitions of becoming a teacher. However, PE graduates are also able to enter many different career pathways as they will have developed analytical techniques and problem-solving skills that can be applied in many types of employment. A PE graduate will be well prepared for employment in situations requiring the exercise of personal responsibility, and decision-making in complex and unpredictable circumstances. Also, within the PE programme there is a clear focus on the development of 'personal learning and thinking skills', meaning that students become team workers, self-managers, creative thinkers, effective participants, independent enquirers, critically reflective practitioners, who are ICT literate. These may be seen as attributes which all employers seek.

13. Intended learning outcomes and learning, teaching and assessment methods

The course provides opportunities for students to develop and demonstrate knowledge, understanding, skills, qualities and other relevant attributes.

The following learning outcomes have been informed by the Benchmark statements (see section 16) and adapted according to the needs of this particular course.

The learning outcomes for the Physical Education degree course are as follows:

Table 2 knowledge and understanding outcomes for module code/s

| Knowledge and Understanding | | |
|------------------------------------|---|----------------------|
| LO no. | On successful completion of the named award, students will be able to: | Module Code/s |
| 1. | Critically evaluate key physical skills and concepts in the application of academic and professional practice in Physical Education. | SPRT3019 SPRT3066 |
| 2. | Critically appraise and challenge the moral, ethical and safety issues in PE. | SPRT3057 |
| 3 | Critically evaluate legislation and professional codes of conduct. for the effective management of PE practices. | SPRT3066 SPRT3059 |
| 4. | Critically reflect on learning processes and individual performance to effectively plan, design, lead and manage practical activities | SPRT3059 |

Table 3 cognitive and intellectual skills outcomes for module code/s

| Cognitive and Intellectual skills | | |
|--|--|--|
| LO no. | On successful completion of the named award, students will be able to: | Module Code/s |
| 5 | Discuss approaches to their own learning and continuing professional development showing independence, creativity and originality of thought. | SPRT3041 SPRT3059 SPRT3067 |
| 6. | Analyse scientific and pedagogical content, and curricula knowledge in Physical Education | SPRT3019 SPRT3057 |
| 7. | Utilise appropriate research methods and interpretive analysis to solve problems and synthesise information in a critically evaluative manner. | SPRT3067 |
| 8. | Apply emotional intelligence and sensitivity to contexts of inclusion and diversity | SPRT3019 SPRT3041 SPRT3057 SPRT3059 SPRT3066 |

Table 4 skills and capabilities related to employment outcomes for module code/s

| Skills and capabilities related to employability | | |
|---|--|--|
| LO no. | On successful completion of the named award, students will be able to: | Module Code/s |
| 9. | Review and critically evaluate safety and ethical issues in the performance, teaching and planning of practical activities in PE | SPRT3019 SPRT3057 SPRT3059 |
| 10. | Critically evaluate the changing nature of Physical Education and sport policy, organisation and practice. | SPRT3057 SPRT3019 SPRT3041 SPRT3066 |

Table 5 transferable/key skills outcomes for module code/s

| Transferable/key skills | | |
|--------------------------------|--|--|
| LO no. | On successful completion of the named award, students will be able to: | Module Code/s |
| 11. | Demonstrate the ability to work independently and autonomously, with innovation, adaptability and creativity to creatively plan, organise and manage academic learning | SPRT3067 SPRT3059 SPRT3063 |
| 12. | Communicate information effectively, utilising oral, written and visual forms | SPRT3067 SPRT3019 SPRT3059 SPRT3063 |
| 13. | Apply competently literacy, numeracy and ICT skills to academic work. | SPRT3067 SPRT3059 SPRT3019 SPRT3057 |
| 14. | Demonstrate effective interpersonal and intra-personal skills for learning | SPRT3059 |
| 15. | Develop self-reflection, personal confidence and personal critical analysis | SPRT3059 |

Learning, teaching and assessment

- Students will develop their knowledge and understanding of: the PE curriculum; their values and beliefs; specific PE pedagogy and more generic learning and teaching principles. This knowledge and understanding will be developed both through university-based work and work-based learning opportunities.
- Students will explore and critically evaluate the application of theoretical concepts to various practical settings.
- Knowledge and understanding is assessed through a range of different assessment opportunities in every module. For example, students will apply biomechanical principles to athletic activities, through such tasks as video analysis and practical performance observations. Students will be required to provide an oral defence of a self-designed curriculum within the field of Physical Education. Also, students will create a professional portfolio relating to appropriate professional codes of conduct during a related work-based learning experience.
- Every module provides opportunities for students to develop their thinking skills and intellectual ability. For example, examining values and beliefs and the impact these have on learning and teaching in PE. Also, peer teaching activities and opportunities to teach pupils and reflect on the process
- Students will engage with the research process, by exploring a variety of research methods, in the creation of a research project.
- Students will have the opportunity to work in groups, in a variety of situations, and work with individuals and groups with different learning needs.
- At every level, students have different opportunities to develop their teaching skills in a practical setting, ranging from small group teaching sessions over a few weeks involving pupils from local schools, to more intensive work placement modules.
- In all practical modules, students are engaged in tasks and where appropriate assessments, which help them to develop their performance skills, enabling them to be more competent and confident across a range of activities.
- The development of transferable/key skills will be evident via the use of a range of different assessment opportunities. For example, students will develop their communication and presentation skills through the sharing of ideas, providing peer feedback and through the formal presentation of ideas and research.
- Students will be provided with numerous opportunities to develop collaborative skills, through such experiences as: collaborative work in groups such as micro-teaching

episodes; and taking on different roles and responsibilities in order to support their own and others development.

Teaching

Students are taught through a combination of lectures, seminars and coaching practicals. Authentic learning activities will take a variety of formats and are intended to enable the application of learning through discussion and small group activities. Seminars enable the discussion and development of understanding of topics covered in lectures, and coaching practicals are focused on developing subject specific skills and applied individual and group project work.

There is an opportunity to undertake a 100-hour placement in the third year of the course, with agreed placement supervised by a work-based mentor and a university supervisor. Students are also required to complete an Independent Research Project (IRP) normally in the third year of the course.

Contact time

In a typical week, students will have around 12-16 contact hours of teaching. The precise contact hours will depend on the optional modules selected and in the final year there is normally slightly less contact time in order to do more independent study.

Typically, class contact time will be structured around:

- Practical Sessions
- Theoretical lectures
- Seminars (in small study groups)
- Module specific tutorials

Independent self-study

In addition to the contact time, students are expected to undertake around 24-28 hours of personal self-study per week. Typically, this will involve completing online activities, reading journal articles and books, working on individual and/or group projects, undertaking research, preparing for assignments/assessments.

Independent learning is supported by a range of excellent learning facilities, including the Hive and library resources, the virtual learning environment, and extensive electronic learning resources.

Teaching staff

Students will be taught by a teaching team whose expertise and knowledge are closely matched to the content of the modules on the course. Teaching is informed by the research, and the team includes senior academics, and professional practitioners with industry experience. The majority have a higher education teaching qualification or are Fellows of the Higher Education Academy. More information regarding the staff can be found by reviewing staff profiles - <https://www.worcester.ac.uk/discover/sport-meet-our-experts.html>.

Assessment

The course provides opportunities to test understanding and learning informally through the completion of practical or 'formative' assignments.

Each module has one or more formal or 'summative' assessments which are graded and count towards the overall module grade. Assessment methods include a range of coursework assessments such as essays, reports, portfolios, performances, presentations and a final year independent studies project.

The precise assessment requirements for an individual student in an academic year will vary according to the mandatory and optional modules taken, but a typical formal summative assessment pattern for each year of the course is:

Year 1

- 4 Essay/Written assessment
- 4 Presentations
- 1 Practical Delivery
- 1 Portfolio

Year 2

- 1 Teaching episodes
- 2-3 Presentations and practical performances
- 4 essays / written tasks
- 1 Mock PGCE interview

Year 3

- Major Independent Research Study 4000-6000 words
- 2-3 Individual or group presentations
- 3-4 Written assessment
- 1 Placement portfolio
- 1 Lesson observation analysis

14. Assessment strategy

The learning, teaching and assessment strategies utilised within the PE course ensure that students will develop their knowledge, skills and understanding relevant to teaching PE in schools and FE colleges, but also relevant to wider career options involving working with young people in a physical / sports-based environment (e.g. coaching sport, leading physical activity, etc). Through the PE course, students will experience a range of assessment types within the modules that they complete. This is to ensure that students will not only develop subject specific knowledge and skills, but also develop a range of transferable skills such as team-working, communications skills and problem solving. It is also intended that by utilising such approaches, students will increase their employability skills.

A range of formative assessments are utilised within all PE modules. These tasks are designed to provide students with the opportunity to use detailed feedback to inform subsequent summative assessment work and develop their competency in completing a range of different modes of assessment. Assessments take the form of a variety of tasks and activities including student presentations, discussion activities, group work tasks and independent directed study tasks. These formative assessments are designed, and implemented, to assist and guide students in preparation for their summative assessments across all PE modules.

All formative and summative assessment tasks utilised within the PE course, are designed to enhance student learning and achievement, both across all PE modules completed and across their degree programme as a whole, therefore allowing students the opportunity to realise their maximum academic potential through their degree course.

The assessment strategy within the PE course is structured in such a way to provide a progressive approach to assessment tasks that develop skills applicable to future practice in academic contexts and future employment opportunities.

Approaches to assessment within the PE course are based on several principles:

- that a variety and range of assessment types are utilised across all levels of the PE course
- that a progressive approach is used to develop the student's abilities across a range of assessment types across all levels of the course, whilst also providing opportunities

to practise and develop their competence of specific assessment skills / types across all levels of the course

- that assessment opportunities be used to facilitate the sharing of good practice between students and staff
- that both summative and formative assessment approaches be valued and incorporated into the assessment regime within the PE course
- that there is a focus on the quantity and quality of assessment feedback provided by staff to students, to facilitate and enhance assessment as a learning process, and thus to inform students' future practice in academic contexts and employment opportunities

15. Programme structures and requirements

Award maps are designed to show which modules must be taken in order to gain the awards. Students will take mandatory modules each academic year with the remaining credits selected from optional modules. Students can select optional modules based on their interests and career aspirations.

If a student wishes to specialise and be awarded with a Physical Education degree with brackets in Adapted PE, they must select the required mandatory modules at level 6, having completed the pre-requisites at level 5. *(For the bracketed course please see award map located at the end of this document)*

Table 6 heading for course title

Course Title: BSc Physical Education

Level 4

Table 7 award map for level 4 BSc (Hons) Physical Education

| Module Code | Module Title | Credits (Number) | Status (Mandatory (M), Optional (O)) |
|-------------|---|------------------|--------------------------------------|
| SPRT1051 | Principles of Sports Coaching and PE | 30 | M |
| SPRT1052 | Physical Activity, Health, Wellbeing | 30 | M |
| SPRT1027 | Adapted Physical Activity, Sport and Disability | 15 | M |
| SPRT1054 | Scientific Principles in Teaching and Coaching | 15 | M |
| SPRT1053 | Introduction to the Sporting Landscape | 15 | O |
| SPRT1055 | Learning to be a Sports Professional | 15 | O |
| CODEXXXX | Optional modules offered by the Centre for Academic English and Skills/Institute of Education | 15/30 | O |

Single Honours Requirements at Level 4

Single Honours students must take 120 credits in total drawn from the table above to include 90 credits of mandatory modules SPRT1027: Adapted Physical Activity, Sport and Disability, SPRT1051: Principles of Sports Coaching and PE, SPRT1052: Physical Activity, Health, Wellbeing and Games, SPRT1054: Scientific Principles in Teaching and Coaching. Single Honours students can also take up to 30 credits drawn from a range of modules in: Teaching English as a Foreign Language (TEFL); Academic English for native and non-native speakers of English and modules in Tutoring. Details of the available modules can be found here <https://www.worcester.ac.uk/life/help-and-support/centre-for-academic-english-and-skills/optional-modules.aspx>

Level 5

Table 8 award map for level 5 BSc (Hons) Physical Education

| Module Code | Module Title | Credits (Number) | Status (Mandatory (M)) |
|-------------|--------------|------------------|------------------------|
|-------------|--------------|------------------|------------------------|

| | | | or Optional (O)) |
|-----------|---|-------|--------------------|
| | | | Single Hons |
| SPRT2061 | Learning and Teaching through Games | 30 | M |
| SPRT2063 | Advanced Scientific Principles in Teaching and Coaching | 30 | M |
| SPRT2065 | Creating Successful Research | 15 | M |
| SPRT2042 | Teaching Special Education Needs and Disability PE in Schools | 15 | O |
| SPRT2057 | Contemporary Issues in Sport | 15 | O |
| SPRT2074 | Teaching and Coaching Athletics | 15 | O |
| SPRT2075 | Outdoor and Adventurous Activities in the Curriculum | 15 | O |
| SPRT2076 | Teaching Gymnastics and Dance in Schools | 15 | O |
| SPRT2078 | Teaching Swimming in School | 15 | O |
| CODE XXXX | Optional modules offered by the Centre for Academic English and Skills/Institute of Education | 15/30 | O |

Single Honours Requirements at Level 5

Single Honours students must take 120 credits in total drawn from the table above to include 75 credits of mandatory modules SPRT2061: Learning and Teaching through Games, SPRT2063: Advanced Scientific Principles in Teaching and Coaching, SPRT2065: Creating Successful Research and 45 credits of optional modules - which can include up to 30 credits drawn from a range of modules in: Teaching English as a Foreign Language (TEFL); Academic English for native and non-native speakers of English and modules in Tutoring. Details of the available modules can be found here <https://www.worcester.ac.uk/life/help-and-support/centre-for-academic-english-and-skills/optional-modules.aspx>

Level 6

Table 9 award map for level 6 BSc (Hons) Physical Education

| Level 6 September 2025+ | | | | | |
|--------------------------------|--|-------------------------|---|---|--|
| Module Code | Module Title | Credits (Number) | Status (Mandatory (M) or Optional (O)) | Pre-requisites (Code of Module required) | Co-requisites/exclusions and other notes* |
| | | | Single Hons | | |
| SPRT3067 | Independent Research Project in Physical Education | 30 | M | SPRT2065 | None |
| SPRT3077 | Contemporary Issues in Disability PE | 15 | O | None | None |
| SPRT3058 | Professional Placement | 30 | O* | None | Cannot be taken with SPRT3059 |
| SPRT3059 | School Based Placement | 30 | O* | SPRT2061 | Cannot be taken with SPRT3058 |
| SPRT3019 | 14-19 PE and Sport | 15 | O | None | None |
| SPRT3057 | Leading and Developing PE in Primary School | 15 | O | None | None |

| | | | | | |
|----------|--|----|---|------|------|
| SPRT3066 | Engaging Young People in Physical Activity | 15 | O | None | None |
| SPRT3026 | The Developing Child | 15 | O | None | None |

Single Honours Requirements at Level 6

Single Honours students must take 120 credits in total drawn from the table above to include 60 credits from all mandatory modules SPRT3067: Independent Research Project in Physical Education and *either SPRT3059 School based placement or SPRT3058 Professional Placement. Remaining 60 credits of optional modules.

16. QAA and professional academic standards and quality

The course aligns with the [Events, Hospitality, Leisure, Sport and Tourism November 2019](#) subject benchmark statements.

This award is located at Level 6 of the [OfS sector recognised standards](#).

17. Support for students

Providing high quality support for all PE students is a major focus for the PE teaching team.

Personal Academic Tutor System

Each student will be allocated a Personal Academic Tutor (whenever possible from within the Course Team). Students will be given an opportunity to meet with their tutor during their induction sessions and the intention behind the system is that students will develop a close working relationship, so that the tutor builds up a clear picture of their progress throughout the course. The personal academic tutor will be able to offer both academic and pastoral advice and should be the main contact throughout the course.

Students should meet their Personal Academic Tutor four times a year for first year tutees and three times for other years, although occasionally students may also need to contact their tutor at other times, particularly if the student is experiencing problems.

The following guidance and support structure is in place for students to answer all queries related to student life, including the Disability and Dyslexia Service:-

<https://www2.worc.ac.uk/firstpoint/>

<https://www.worcester.ac.uk/life/help-and-support/services-for-students/home.aspx>

<https://www2.worc.ac.uk/disabilityanddyslexia/>

Module Selection and Bracketed Pathways

Advice and guidance will be provided at key points in the academic year to inform students of module choices. This will enable the students to make informed decisions about modules which are pre-requisites for future modules and the selection of modules required to take a bracketed pathway in either disability coaching or performance analysis. The course team, including Personal Academic Tutor, module team and/or Course Leader will discuss the module choices available offering advice on module selections to ensure the correct combination of modules will be studied.

In order to support students in finding employment upon completion of their degree course, employability workshops are conducted with Level 6 students. These workshops focus on providing guidance and advice for students seeking employment in teaching (e.g. focusing on the application and interview process for ITT courses) and also other sports-related career options.

18. Admissions

Admissions policy

Our policy is to offer a place to any student that we deem to be capable of success and who is likely to substantially benefit from the programme. We support the University's mission statement of *increasing access, widening participation, equality, diversity, inclusion and to assisting students to achieve their potential*.

Entry requirements

The normal minimum entry requirement for undergraduate degree courses is the possession of 4 GCSEs (Grade C/4 or above to include Maths and English) and a minimum of 2 A Levels (or equivalent Level 3 qualifications).

The current UCAS Tariff requirements for entry to this course are published in the prospectus and on the UW website <https://www.worc.ac.uk/journey/a-z-of-courses.html>

See [Admissions Policy](#) for other acceptable qualifications.

Disclosure and Barring Service (DBS) requirements

An enhanced disclosure is required for this course.

Recognition of Prior Learning

Details of acceptable level 3 qualifications, policy in relation to mature students or applicants with few or no formal qualifications can be found in the prospectus or on the University webpages. Information on eligibility for recognition of prior learning for the purposes of entry or advanced standing is also available from the University webpages or from the Registry Admissions Office (01905 855111).

Further information on Recognition of Prior Learning can be found at <http://www.worcester.ac.uk/registryservices/941.htm>

Admissions procedures

Full-time applicants apply through UCAS (*Joint course code- specific codes available on UCAS website*).

Part-time applicants apply directly to University of Worcester (UW)

Admissions/selection criteria

Prospective students should apply through UCAS and all applications will be considered by the Course Leader/Admissions Tutor. The decision to offer a place will be based on a candidate's ability to demonstrate enthusiasm for the subject, commitment to study and the academic capability to succeed on the Course.

19. Regulation of assessment

The course operates under the University's [Taught Courses Regulatory Framework](#)

Requirements to pass modules

- Modules are assessed using a variety of assessment activities which are detailed in the module specifications.
- The minimum pass mark is D- for each module.
- Students are required to submit all items of assessment in order to pass a module, and in some modules, a pass mark in each item of assessment may be required.
- Full details of the assessment requirements for a module, including the assessment criteria, are published in the module outline.

Submission of assessment items

- Students who submit course work late but within 7 days (one week) of the due date will have work marked, but the grade will be capped at D- unless an application for mitigating circumstances is accepted.
- Students who submit work later than 7 days (one week) will not have work marked unless they have submitted a valid claim of mitigating circumstances.
- For full details of submission regulations please see the Taught Courses Regulatory Framework.

Retrieval of failure

- Students are entitled to resit failed assessment items for any module that is awarded a fail grade.
- Reassessment items that are passed are capped at D-.
- If a student is unsuccessful in the reassessment, they have the right to retake the module (or, in some circumstances, take an alternative module); the module grade for a re-taken module is capped at D-.
- A student will be notified of the reassessment opportunities in the results notification issued via the secure student portal (SOLE). It is the student's responsibility to be aware of and comply with any reassessments.

Requirements for Progression

- A student will be permitted to progress from Level 4 to Level 5 if, by the time of the reassessment Board of Examiners, they have passed at least 90 credits at Level 4. Outstanding Level 4 credits must normally be studied in the following academic year.
- A student will be permitted to progress from Level 5 to Level 6 if, by the time of the reassessment Board of Examiners, they have passed at least 210 credits, including 90 credits at Level 5. Outstanding Level 5 credits must normally be studied in the following academic year.
- A student who, by the time of the reassessment Board of Examiners, has failed 90 credits or more (after exhausting all reassessment opportunities) during the academic year, will have their registration with the University terminated
- If a student has not passed at least 90 credits by the reassessment Board of Examiners, the student is not permitted to progress to the next level and will be required to either complete outstanding reassessment or retake the failed modules the following academic year. Students will be able to carry forward any passed modules.

Requirements for Awards

| Award | Requirement |
|---|--|
| Certificate of Higher Education Cert HE [Physical Education] | In order to be eligible for the exit award of Certificate in Higher Education in the named subject/area of study, a student must have passed at least 120 credits in total including the mandatory modules for level 4 of the award as specified on the award map. |
| Diploma of Higher Education DipHE [Physical Education] | In order to be eligible for the exit award of Diploma in Higher Education in the named subject/area of study, a student must have passed at least 240 credits in total including the mandatory modules for level 4 and level 5 of the award as specified on the award map. |
| Degree (non-honours) | Passed a minimum of 300 credits with at least 90 credits at Level 5 or higher and a minimum of 60 credits at Level 6, including the mandatory modules for Level 5. At level 6 this must include either SPRT 3058 or |

| | |
|---------------------|---|
| | 3059 plus 30 credits of optional modules in Physical Education as specified on the award map. |
| Degree with honours | Passed a minimum of 360 credits with at least 90 credits at Level 5 or higher and a minimum of 120 credits at Level 6, as specified on the award map. |

Classification

The honours classification will be determined by whichever of the following two methods results in the higher classification.

- Classification determined on the profile of the 120 credits attained at Level 5 and 120 credits at Level 6. Level 5 and Level 6 grades are weighted on a ratio of 1:2. OR
- Classification determined on the profile of the 120 credits attained at Level 6 only.
- Classification will be based on the weighted average grade together with a requirement for at least half of the Level 6 grades to be in the higher class.

For further information on honours degree classification, see the [Taught Courses Regulatory Framework](#).

Note that the above methods apply to students entering Level 4 of three or four year degree programmes who commence Level 4 from September 2022 onwards.

20. Graduate destinations, employability and links with employers

Graduate destinations

On completion of the BSc Physical Education degree, inevitably a large number of PE graduates will progress onto teaching PE in secondary schools and FE colleges. This is achieved by gaining their Qualified Teachers Status (QTS) via a number of different ITT routes. Some PE graduates have also taken up a place on a Primary ITT courses in order to become a Primary school teacher. As a consequence, there are PE graduates that are currently working in schools and colleges both in the UK and overseas.

Students are able to develop specific areas of interest and experience new areas of study. Therefore, previous PE graduates have found employment in a variety of areas including: public services, the armed services, coaching, activity co-ordinators, sales, sports development managers, leisure and recreation management, health promotion, corporate fitness, sports marketing and event management, sports activity leaders, SEN mentor, teaching assistant, trainee store manager, ski lift operator, business develop executive, banking advisor, transport administrator, care co-ordinator, residential childcare work, recruitment consultant specialist.

Student employability

School of Sport & Exercise Science 'Earn As You Learn (EAYL)' & 'Learn As You Volunteer (LAYV)' schemes - opportunities for sport students to engage in meaningful employment during their time of study at the University of Worcester is promoted, marketed and coordinated by the School of Sport & Exercise Science.

Throughout the PE course, in respect of the modules offered, students are able to develop a wide range of skills and attributes, such as personal learning and thinking skills, meaning that PE students become team workers, self-managers, creative thinkers, effective participants, independent enquirers and reflective learners. These are attributes which are attractive to all employers. To further prepare and support students' employability a WBL

module including a placement takes place at Level 6, with the focus being on the student gaining relevant experience in either a Primary or Secondary school environment.

In the field of Physical Education gaining employment in schools and FE colleges is dependent on a number of variables, one of which being the holding of National Governing Body (NGB) Awards such as Level 1 coaching and teaching awards and a relevant first aid certificate. These awards do not form part of the programme of study but are offered as optional opportunities at an additional cost (these are discounted where possible). PE students are actively encouraged to complete such courses, as feedback from employers shows that such additional experiences greatly enhances the employability of PE students. Moreover, access to NGB awards has been highlighted by students and External Examiners as playing a vital role in developing their employability and adding value to their university experience.

Students can spend the second semester of their second year studying at one of the Universities International Partner Institutions. Students can spend the second semester of their second year studying at one of the Universities International Partner Institutions. Furthermore, national governing body award courses and accredited CPD opportunities are provided at subsidised costs. These courses are primarily focused in the Universities progression weeks.

Links with employers

Links with employers have been further developed and strengthened by the School. Careful consideration is given to how the School can improve the programmes in the future and better serve SSES graduates and the industry that many of them aspire to join. The meetings are also excellent opportunities to improve connections and ensure mutually beneficial working practices.

The course team maintains active links with several relevant employers, especially with both Primary, Secondary schools and FE colleges. Such links have had a direct impact on the PE course, in that students can work with both Primary and Secondary school aged pupils, either at the university or in the school setting. It is felt that such experiences greatly enhance the employability of PE students.

Please note: This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if s/he takes full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of each module can be found in associated course documentation e.g. course handbooks, module outlines and module specifications.

AWARD MAP

BSc Physical Education (Adapted PE)

Table 1 heading for course title

| |
|---|
| Course Title: BSc. Physical Education (Adapted PE) |
|---|

Level 4

Table 2 award map for level 4 BSc (Hons) Physical Education (Adapted PE)

| Module Code | Module Title | Credits (Number) | Status (Mandatory (M), Optional (O)) |
|-------------|--------------------------------------|------------------|--------------------------------------|
| SPRT1051 | Principles of Sports Coaching and PE | 30 | M |

| | | | |
|----------|--|-------|---|
| SPRT1052 | Physical Activity, Health, Wellbeing | 30 | M |
| SPRT1027 | Adapted Physical Activity, Sport and Disability | 15 | M |
| SPRT1054 | Scientific Principles in Teaching and Coaching | 15 | M |
| SPRT1053 | Introduction to the Sporting Landscape | 15 | O |
| SPRT1055 | Learning to be a Sports Professional | 15 | O |
| CODEXXXX | Optional modules offered by the Centre for Academic English and Skills/School of Education | 15/30 | O |

Single Honours Requirements at Level 4

Single Honours students must take 120 credits in total drawn from the table above to include 90 credits of mandatory modules SPRT1027: Adapted Physical Activity, Sport and Disability, SPRT1051: Principles of Sports Coaching and PE, SPRT1052: Physical Activity, Health, Wellbeing and Games, SPRT1054: Scientific Principles in Teaching and Coaching. Single Honours students can also take up to 30 credits drawn from a range of modules in: Teaching English as a Foreign Language (TEFL); Academic English for native and non-native speakers of English and modules in Tutoring. Details of the available modules can be found here <https://www.worcester.ac.uk/life/help-and-support/centre-for-academic-english-and-skills/optional-modules.aspx>

Level 5

Table 3 award map for level 5 BSc (Hons) Physical Education (Adapted PE)

| Module Code | Module Title | Credits (Number) | Status (Mandatory (M) or Optional (O)) |
|-------------|--|------------------|--|
| SPRT2061 | Learning and Teaching through Games | 30 | M |
| SPRT2063 | Advanced Scientific Principles in Teaching and Coaching | 30 | M |
| SPRT2065 | Creating Successful Research | 15 | M |
| SPRT2042 | Teaching Special Education Needs and Disability PE in Schools | 15 | M |
| SPRT2057 | Contemporary Issues in Sport | 15 | O |
| SPRT2074 | Teaching and Coaching Athletics | 15 | O |
| SPRT2075 | Outdoor and Adventurous Activities in the Curriculum | 15 | O |
| SPRT2076 | Teaching Gymnastics and Dance in Schools | 15 | O |
| SPRT2078 | Teaching Swimming in School | 15 | O |
| CODEXXXX | Optional modules offered by the Centre for Academic English and Skills/School of Education | 15/30 | O |

Single Honours Requirements at Level 5

Single Honours students must take 120 credits in total drawn from the table above to include 90 credits of mandatory modules SPRT2061: Learning and Teaching through Games, SPRT2063: Advanced Scientific Principles in Teaching and Coaching, SPRT2065: Creating Successful Research, SPRT 2042 Teaching Special Education Needs and Disability PE in Schools and optional modules - which can include up to 15/30 credits drawn from modules in Academic English for native and non-native speakers of English, Teaching English as a Foreign Language (TEFL) and Tutoring. Details of the available modules can be found here <https://www.worcester.ac.uk/life/help-and-support/centre-for-academic-english-and-skills/optional-modules.aspx>

Level 6*Table 4 award map for level 6 BSc (Hons) Physical Education (Adapted PE)*

| Module Code | Module Title | Credits (Number) | Status (Mandatory (M) or Optional (O)) | Pre-requisites (Code of Module required) | Co-requisites/ exclusions and other notes* |
|-------------|--|------------------|--|--|--|
| | | | Single Hons | | |
| SPRT3075 | Independent Research Project in Adapted Physical Education | 30 | M | SPRT2065 | None |
| SPRT3077 | Contemporary Issues in Disability PE | 15 | M | SPRT2042 | None |
| SPRT3058 | Professional Placement | 30 | O* | None | Cannot be taken with SPRT3059 |
| SPRT3059 | School Based Placement | 30 | O* | SPRT2061 | Cannot be taken with SPRT3058 |
| SPRT3019 | 14-19 PE and Sport | 15 | O | None | None |
| SPRT3057 | Leading and Developing PE in Primary School | 15 | O | None | None |
| SPRT3066 | Engaging Young People in Physical Activity | 15 | O | None | None |
| SPRT3026 | The Developing Child | 15 | O | None | None |
| SPRT3063 | Analysing Social Issues in Sport | 15 | O | SPRT2057 | None |

Single Honours Requirements at Level 6

Single Honours students must take 120 credits in total drawn from the table above to include 75 credits from all mandatory modules SPRT3075 Independent Research Project in Adapted Physical Education, SPRT3077: Contemporary Issues in Disability PE, and must select *either* SPRT3059 School based placement or SPRT3058 Professional Placement and 45 credits from optional modules.